

## CAPITOL BOWL ANNOUNCES ADULT LEAGUE MEETINGS FOR 2019-20 SEASON!

Organizational meetings are held in August for Fall Leagues at Capitol Bowl (which begin after Labor Day). Leagues are available for men, women, mixed, seniors and youth. New individuals and/or teams are welcome on all leagues. Current and new/interested members should attend these meetings (where rules review/revisions are done plus start/end dates and prize fund amounts are set):

Aug 12<sup>th</sup>, 1pm, Jolly Seniors, 4 50+ adults ~ must have at least 1 woman, bowl every Monday at 1pm  
Aug 16<sup>th</sup>, 6:30pm, Friday Night Special, 4 adults ~ must have at least 1 woman, bowl every other Friday at 6:30pm\*  
Aug 18<sup>th</sup>, 5pm, Wild Ones, 4 adults any combination, bowl every other Sunday at 4pm  
Aug 19<sup>th</sup>, 9:30am, Nitehawks, 2 adults any combination, bowl every Monday at 9:30am  
Aug 20<sup>th</sup>, 6:30pm, Booster, 5 adults any combination, bowl every Tuesday at 6:30pm  
Aug 22<sup>nd</sup>, 6:30pm, Thursday 1<sup>st</sup> Shift, 4 women, bowl every Thursday at 6:30pm  
Aug 22<sup>nd</sup>, 7:30pm, Capitol House, 5 men, bowl every Thursday at 6:30pm  
Aug 23<sup>rd</sup>, 6:30pm, Captain & Crew, 4 adults any combination, bowl every other Friday at 6:30pm\*  
\*these bowl on opposite weeks, so you can bowl every Friday by joining both leagues

For any questions, additional information or to sign-up for any adult league, call Capitol Bowl at 989-725-7717.